

Heirloom recipes: Louise's crunchies

Ingredients

250g margarine

2 Tbsp syrup

1 cup flour

1 cup coconut

2 cups oats

A generous pinch of salt

1 tsp bicarb

1 cup sugar

Method

- 1. Melt the syrup and margarine together in the microwave for four minutes.
- 2. Mix your dry ingredients together.
- 3. Add the syrup mixture to the dry ingredients and mix well.
- 4. Press into a well greased <u>baking tray</u>.
- 5. Bake at 180° C for 20 minutes until golden brown.
- 6. Cut while warm and soft and after a few minutes remove from the pan.
- 7. Cool on newspaper to remove excess oil and leave to harden.

And there we have it. Crunchies that taste like home.