

How to make cake pops

Ingredients (makes approximately 20 pops)

A 23×23 cm vanilla sponge cake
60g butter
2 cups icing sugar
2 Tbsp milk
400g chocolate
Sprinkles/nuts for decoration
20 lollipop sticks
You will also a need a mixing bowl and a large wooden spoon.

Method

- 1. Trim about 1cm off each side of the cake, discarding the 'crusts'. Now crumble the cake into fine crumbs in a large mixing bowl.
- 2. With an electric mixer, mix the butter, icing sugar and milk together to form a buttercream.
- 3. Spoon the buttercream into the mixing bowl with the cake, and mix together with a wooden spoon.
- 4. Now roll your mixture into balls about 2cm in diameter. Lay them on a tray and insert the lollipop sticks.
- 5. Freeze your cake balls for about ten minutes.
- 6. In the mean time, melt your chocolate. You will need to temper your chocolate so that it is shiny and grease-free. (For instructions on how to temper your chocolate, have a look at the <u>Science Behind Tempering Chocolate</u>.)
- 7. One by one, spoon some chocolate over your frozen cake pops and add your decorations while the chocolate is still warm.
- 8. Leave the pops in the fridge to set for a few minutes. (I stuck mine in an old piece of polystyrene to keep them upright).